



Welcome

Dear International Taekwondo Family & Friends,

We are proud and honoured to invite you and your team to participate in the Waein Cup Open Championship Singapore 2025 in Singapore.

Sanctioned by the Singapore Taekwondo Federation (STF) and supported by Community Sports Network @ Tampines West, we will host this event in the Our Tampines Hub – Community Auditorium on 17, 18 and 19 January 2025.

The Waein Cup Open Championship Singapore competition areas will be equipped with electronic scoring and video replay system including KPNP electronic PSS (KPNP Chest and Head Gear), which is the official system for all Singapore Taekwondo Federation sanctioned competitions. We will also have both World Taekwondo International Referee and Singapore National Referees to guarantee maximum transparency, fair play, and impartiality for ALL Athletes.

We believe that every individual has the potential to achieve greatness and this is your chance to seize that potential and turn it into reality. Whether you're a seasoned professional looking to showcase your expertise or a newcomer eager to make your mark, this competition welcomes participants of all backgrounds and experience levels.

I encourage you to please mark this event into your calendar to make sure you don't miss this high calibre event. Our Organising Committee are working hard to make this event the best and most successful event to date. Please do not hesitate to contact our Organising Committee to answer any of your questions.

We hope that you and your team will participate in the Waein Cup Open Championship Singapore 2025 and we look forward to welcoming you to Singapore.

Yours sincerely,

윤대웅

Mr Yoon Daeung
Chairman
Waein Cup Open Championship Singapore



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****Document History****

Version	Date	Description of Changes
1.0	21 Aug 2024	Initial draft created - After STF Sanction and support approval
1.1	25 Aug 2024	Added Section 8. Special Kyorugi Team of 5 (Same gender) Event
1.2	26 Aug 2024	Updated Section 3ii. Age with the correct birth years
1.3	24 Sep 2024	Updated Section 7i. Poomsae for Young Junior Poom. Updated Section 7iii. Junior Division (Male) Under 45kg weight description.



1. Organisation

Sanctioned by:	Singapore Taekwondo Federation (STF)
Supported by:	Community Sports Network @Tampines West
Organised by:	Johan Taekwondo Team Waein
Chairman:	Mr. Yoon Daeung Mr. Kim Ki Dong
Chief Executive Officer:	Mr. Joel Kong

i. Organising Committee (OC)

Registration & Accreditation:	Mr. Park Jun Hyuk Ms. Faezah Seah
Competition Equipment:	Mr. Kim Yeong Mun Ms. Claire Hoh
Referees (International & National):	Mr. Jang Hee Jae Ms. Valerie Yer
Food & Beverages:	Mr. Kang Jae Wan Ms. Suzy Tay
Manpower:	Mr Daryl Chua Ms. Sweden Munoz
Award & Medals:	Mr. Kim Cheong Sol Ms. Eu Hui Shuen

2. Location

Venue:	Our Tampines Hub – Community Auditorium 1 Tampines Walk, Level 3 Singapore 528523
Date:	17, 18 and 19 January 2025

3. Contestant Information

i. Categories

Poomsae:	Recognised Poomsae
Kyorugi:	World Taekwondo (WT) Kyorugi

ii. Age

Super Young Junior:	6 to 8 Years	(Born in 2017, 2018 and 2019)
Young Junior:	9 to 11 Years	(Born in 2014, 2015 and 2016)
Cadet:	12 to 14 Years	(Born in 2011, 2012 and 2013)
Junior:	15 to 17 Years	(Born in 2008, 2009 and 2010)
Senior Under 30:	18 to 30 Years	(Born in 1995 to 2007)
Senior Under 40:	31 to 40 Years Old	(Born in 1985 to 1994)
Senior Under 50:	41 to 50 Years Old	(Born in 1975 to 1984)
Senior Under 60:	51 to 60 Years Old	(Born in 1965 to 1974)
Senior Under 65:	61 to 65 Years Old	(Born in 1960 to 1964)
Senior Over 65:	66 Years Old and Over	(Born in 1959 and earlier)

iii. Kyorugi Weight Division

WT and Singapore Weight Classes:	Refer to registration form for more information.
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iv. Qualifications

Local participants:	Open to all clubs affiliated to STF Participants must be clubs affiliated to STF, holding a certificate or grading card issued by STF
International participants:	Open to invited clubs only Participants must be of club affiliated to their country's Taekwondo Member National Association (MNA) that is recognised by WT. Their certification must be issued by or through their respective MNA.

v. For Poomsae Events

Local & International participants:	Only colour belt (8 th Geup - Yellow belt and above), Poom belt and Black belt holders are eligible to participate. Grades must be obtained in 2024 or earlier.
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vi. For Kyorugi Events

Local participants:	Only colour belt (2 nd Geup - Red & 1 st Geup – Red belt with black tip), Poom belt and Black belt holders are eligible to participate for individual events.
International participants:	Colour belt (6 th Geup – Green belt to 1 st Geup – Red belt with black tip), Poom belt and Black belt holders are eligible to participate for individual events.
Local & International participants:	Only Poom belt and Black belt holders are eligible to participate for team events. Grades must be obtained in 2024 or earlier.

vii. Proof of Rank

Local participants:	Acceptable proofs of rank are STF grading card, Dan and Poom certificates. Documentary proof must be produced for verification during registration.
International participants:	Acceptable proofs of rank are Dan and Poom certificates, grading passports and Geup certificates. Documentary proof must be produced for verification registration closes.
Proof of Age:	All participants age must be verified by the Team Coach or Manager on their respective Competitor's Registration Form (Poomsae or Kyorugi)

4. Coach Eligibility

i. Coach Eligibility

Local & International coaches:	Competition coach passes are required for all tournaments organised or sanctioned by STF. All coaches must sign and submit their Individual Code of Conduct form.
Local coaches:	All are required to display their coach pass issued by STF before entering the field of play. Local coaches are required to submit the Local Coach Registration Form (Group)
International coaches:	Those who wish to enter the Field of Play must fill up their individual International Coach Registration Form (Individual) and submit to the OC during registration, which will be submitted to OC for approval.
Attire:	All coaches should be suitably attired when they enter the field of play. Only track-pants, business pants, collar t-shirt, t-shirt with jackets or windbreaker and covered shoes are allowed. Slippers, collar-less t-shirt, singlets and shorts are strictly NOT PERMITTED.

5. Rules

Competition Rules:	WT and STF competition rules will apply for this competition
Poomsae Awards:	1 st Place: One Gold Medal will be awarded 2 nd Place: One Silver Medal will be awarded 3 rd Place: One Bronze Medal will be awarded 4 th Place: One Bronze Medal will be awarded 5 th Place: One Bronze Medal will be awarded 6 th Place: One Bronze Medal will be awarded 7 th Place: One Bronze Medal will be awarded 8 th Place: One Bronze Medal will be awarded
Best Poomsae Player Award:	Super Young Junior - Male: One Trophy will be awarded Super Young Junior - Female: One Trophy will be awarded Young Junior - Male: One Trophy will be awarded Young Junior - Female: One Trophy will be awarded Cadet - Male: One Trophy will be awarded Cadet - Female: One Trophy will be awarded Junior - Male: One Trophy will be awarded Junior - Female: One Trophy will be awarded Senior U30 - Male: One Trophy will be awarded Senior U30 - Female: One Trophy will be awarded
Best Poomsae Club Award:	1 st Place: One Trophy and Champion's Flag will be awarded 2 nd Place: One Trophy will be awarded 3 rd Place: One Trophy will be awarded



Kyorugi Awards:	1 st Place: One Gold Medal will be awarded 2 nd Place: One Silver Medal will be awarded 3 rd Place: One Bronze Medal will be awarded 4 th Place: One Bronze Medal will be awarded 5 th Place: One Bronze Medal will be awarded 6 th Place: One Bronze Medal will be awarded 7 th Place: One Bronze Medal will be awarded 8 th Place: One Bronze Medal will be awarded
Best Kyorugi Player Award:	Super Young Junior - Male: One Trophy will be awarded Super Young Junior - Female: One Trophy will be awarded Young Junior - Male: One Trophy will be awarded Young Junior - Female: One Trophy will be awarded Cadet - Male: One Trophy will be awarded Cadet - Female: One Trophy will be awarded Junior - Male: One Trophy will be awarded Junior - Female: One Trophy will be awarded Senior U30 - Male: One Trophy will be awarded Senior U30 - Female: One Trophy will be awarded
Best Kyorugi Club Award:	1 st Place: One Trophy and Champion's Flag will be awarded 2 nd Place: One Trophy will be awarded 3 rd Place: One Trophy will be awarded
Field of Play:	Only athletes and coaches will be permitted into the warm-up area and field of play.
Protest:	Only the Team Managers and coaches will be permitted to lodge official protests via the Competition Supervisory Board (CSB), a fee of SGD 300.00 (Net) will apply to each protest and will not be refunded in any situation.
Identification	
Local participants:	Participants must hold either a passport or a valid national identification card.
International participants:	Participants and visitors need to hold a valid passport with an expiry date no less than 6 months after the event.
Liability:	All participants, officials and visitors participate at their own risk. The MNA, STF and organisers bears no responsibility for any damages, losses, injuries, or other circumstances due to (directly or indirectly) acts of terrorism, COVID-19, or other misfortune. All participants must be covered by their own medical insurance and or travel insurance. Those who are not recognised as adults (under aged) by law in their own country must supply a written consent together with valid identification, signed by their parents or legal guardians.

i. Method of competition - Poomsae

System:	Cut off system All contestants/pair/team will compete in the final round. When 9 or more contestants are participating; contestants are randomly grouped into groups of 8. Contestants/pair/team shall be awarded medals based on their average points.
Poom & Dan (excluding Super Young Junior)	Two (2) Poomsae from the designated Compulsory Poomsae decided by OC must be performed in the final rounds.

ii. Method of competition – Kyorugi (Individual)

System:	When 9 or more contestants are participating; contestants are randomly grouped into groups of 8. Single elimination tournament system or Best of 3 Rounds
Super Young Junior:	3 rounds x 1.0 minute x 1.0 minute rest break
Young Junior:	3 rounds x 1.0 minute x 1.0 minute rest break
Cadet:	3 rounds x 1.5 minutes x 1.0 minute rest break
Junior:	3 rounds x 1.5 minutes x 1.0 minute rest break
Senior (U30):	3 rounds x 2.0 minutes x 1.0 minute rest break
Senior (U40):	3 rounds x 1.5 minutes x 1.0 minute rest break
IVR Quota:	1 x IVR Quota will apply to all Kyorugi matches

iii. Method of competition – Kyorugi (Team)

System:	When 9 or more contestants are participating; contestants are randomly grouped into groups of 8. Single elimination tournament system or Best of 3 Rounds
(Super Young Junior, Young Junior, Cadet, Junior, Senior U30, Senior U40)	
Team of 3:	3 rounds x 3.0 minutes x 1.0 minute rest break
Team of 5:	1st round x 5.0 minutes, 2 rounds x 3 minutes x 1.0 minutes rest break
IVR Quota:	NO (0) IVR Quota for all Team Kyorugi matches

iv. Contestant Uniform and Competition Equipment

Poomsae:	WT-approved Poomsae dobok or competition uniform
Kyorugi:	WT-approved dobok or competition uniform, groin guard, forearm guards, shin guards, gloves, sensing socks (KPNP) and be equipped with a mouthguard. Trunk PSS and Head PSS (KPNP) will be supplied

6. Entry Fees

Regular Registration	
Starts :	21 August 2024, 10:00 AM (SGT)
Closes:	20 October 2024, 23:59 PM (SGT)
Participant fees	
First event:	SGD 75.00 (Net)
Subsequent event:	SGD 75.00 (Net)
Para Poomsae events:	Waived (FREE)
Senior Under 65 events:	Waived (FREE)
Senior Over 65 events:	Waived (FREE)
Team and coach fees	
Team:	Waived (FREE up to 5 coach passes)
Each additional coach pass: (beyond 5 coach passes)	SGD 75.00 (Net)
Registration:	All entries and supporting documents must be submitted online via email to waeincup@johantaekwondo.com Late submissions may not be accepted.
Accreditations:	Loss of accreditations will incur a reprinting charge of SGD 50.00 (Net).



Division changes: Changes to any division after the official closing date will incur a fee of SGD 75.00 (Net).
However, changes after weigh-in are NO PERMITTED.
Any athlete failing to make or comply with weigh-in will be disqualified and NO REFUND will be given.

Payment: Local Local submissions must be paid in cash or Paynow.
International International submissions may be paid through PayPal or any other forms of payment approved by the OC during registration. Please provide your Paypal registered email or email to waeincup@johantaekwondo.com for other forms of payment methods.

Accommodation: Fees paid will not be refunded under any circumstances
Accommodation charges for room and boarding of athletes and official teams shall be borne by each individual or team.
The OC bears no financial responsibility.

7. Events

i. Poomsae

Individual, Pair & Team: All divisions; Senior Over 65 (O65), Senior Under 65 (U65), Senior Under 60 (U60), Senior Under 50 (U50), Senior Under 40 (U40) Senior Under 30 (U30), Junior, Cadet, Young Junior, Super Young Junior; will be contested.

a. Individual Poomsae

Division	Super Young Junior	Young Junior	Cadet	Junior	Senior Under 30 (U30)
Age	6 – 8	9 – 11	12 – 14	15 – 17	18 – 30
Male	Yes	Yes	Yes	Yes	Yes
Female	Yes	Yes	Yes	Yes	Yes
Division	Senior Under 40 (U40)	Senior Under 50 (U50)	Senior Under 60 (U60)	Senior Under 65 (U65)	Senior Over 65 (O65)
Age	31 – 40	41 – 50	51 – 60	61 – 65	Above 65
Male	Yes	Yes	Yes	Yes	Yes
Female	Yes	Yes	Yes	Yes	Yes

b. Mixed Pair Poomsae (1 male & 1 female)

Division	Super Young Junior	Young Junior	Cadet	Junior	Senior Under 30 (U30)
Age	6 – 8	9 – 11	12 – 14	15 – 17	18 – 30
Mixed Pair (1 male & 1 female)	Yes	Yes	Yes	Yes	Yes
Division	Senior Under 40 (U40)	Senior Under 50 (U50)	Senior Under 60 (U60)	Senior Under 65 (U65)	Senior Over 65 (O65)
Age	31 – 40	41 – 50	51 – 60	61 – 65	Above 65
Mixed Pair (1 male & 1 female)	Yes	Yes	Yes	Yes	Yes

c. Team of 3 (Same gender)

Division	Super Young Junior	Young Junior	Cadet	Junior	Senior Under 30 (U30)
Age	6 – 8	9 – 11	12 – 14	15 – 17	18 – 30
Male	Yes	Yes	Yes	Yes	Yes
Female	Yes	Yes	Yes	Yes	Yes
Division	Senior Under 40 (U40)	Senior Under 50 (U50)	Senior Under 60 (U60)	Senior Under 65 (U65)	Senior Over 65 (O65)
Age	31 – 40	41 – 50	51 – 60	61 – 65	Above 65
Male	Yes	Yes	Yes	Yes	Yes
Female	Yes	Yes	Yes	Yes	Yes

d. Team of 3 (Mixed gender – 2 male & 1 female or 1 male & 2 female)

Division	Super Young Junior	Young Junior	Cadet	Junior	Senior Under 30 (U30)
Age	6 – 8	9 – 11	12 – 14	15 – 17	18 – 30
Mixed Team of 3 (2 male & 1 female or 1 male & 2 female)	Yes	Yes	Yes	Yes	Yes
Division	Senior Under 40 (U40)	Senior Under 50 (U50)	Senior Under 60 (U60)	Senior Under 65 (U65)	Senior Over 65 (O65)
Age	31 – 40	41 – 50	51 – 60	61 – 65	Above 65
Mixed Team of 3 (2 male & 1 female or 1 male & 2 female)	Yes	Yes	Yes	Yes	Yes

e. Recognised Poomsae

		Category	Compulsory Poomsae
Super Young Junior, Young Junior, Cadet, Junior, Senior U30, Senior U40, Senior U50, Senior U60, Senior U65 & Senior O65	Individual, Mixed Pair & Team of 3	8 th Geup (Yellow belt)	Taeguek Il (1) Jang
		7 th Geup (Yellow belt with green tip)	Taeguek E (2) Jang
		6 th Geup (Green belt)	Taeguek Sam (3) Jang
		5 th Geup (Green belt with blue tip)	Taeguek Sa (4) Jang
		4 th Geup (Blue belt)	Taeguek O (5) Jang
		3 rd Geup (Blue belt with red tip)	Taeguek Yuk (6) Jang
		2 nd Geup (Red belt)	Taeguek Chil (7) Jang
		1 st Geup (Red belt with black tip)	Taeguek Pal (8) Jang
Super Young Junior		Poom	Koryo
Young Junior		Poom	Koryo
Cadet		Poom	Taeguek Sa (4), O (5), Yuk (6), Chil (7), Pal (8) Jang, Koryo or Keumgang
Junior		Dan	Taeguek Sa (4), O (5), Yuk (6), Chil (7), Pal (8) Jang, Koryo, Keumgang or Taebaek
Senior U30, Senior U40, Senior U50, Senior U60, Senior U65 & Senior O65		Dan	Taeguek Yuk (6), Chil (7), Pal (8) Jang, Koryo, Keumgang, Taebaek, Pyongwon or Sipjin

Poom & Dan contestants (except Super Young Junior & Young Junior):

All contestants shall perform two (2) assigned compulsory Poomsae in the final rounds.

All compulsory poomsae will be drawn and posted online 24 hrs before the Head of Teams meeting.

ii. Para Poomsae

Individual:

All divisions; Super Young Junior, Young Junior, Cadet, Junior, Senior Under 30 (U30), Senior Under 40 (U40), Senior Under 50 (U50), Senior Under 60 (U60), Senior Under 65 (U65), Senior Over 65 (O65); will be contested.

a. Individual Poomsae (Para)					
Division	Super Young Junior	Young Junior	Cadet	Junior	Senior Under 30 (U30)
Age	6 – 8	9 – 11	12 – 14	15 – 17	18 – 30
Male	Yes	Yes	Yes	Yes	Yes
Female	Yes	Yes	Yes	Yes	Yes
Division	Senior Under 40 (U40)	Senior Under 50 (U50)	Senior Under 60 (U60)	Senior Under 65 (U65)	Senior Over 65 (O65)
Age	31 – 40	41 – 50	51 – 60	61 – 65	Above 65
Male	Yes	Yes	Yes	Yes	Yes
Female	Yes	Yes	Yes	Yes	Yes

b. Sports Classes (Para)

- P10: For all athletes with a visual impairment
- P20: For all athletes with an intellectual impairment
- P30: For all athletes with a neurological impairment
- P50: For all athletes using assistive technology
- P60: For all athletes with hearing impairment
- P70: For all athletes with short stature

c. Recognised Poomsae (Para)

		Category	Compulsory Poomsae
Super Young Junior, Young Junior, Cadet, Junior, Senior U30, Senior U40, Senior U50, Senior U60, Senior U65 & Senior O65	Individual	8 th Geup (Yellow belt)	Taeguek Il (1) Jang
		7 th Geup (Yellow belt with green tip)	Taeguek E (2) Jang
		6 th Geup (Green belt)	Taeguek Sam (3) Jang
		5 th Geup (Green belt with blue tip)	Taeguek Sa (4) Jang
		4 th Geup (Blue belt)	Taeguek O (5) Jang
		3 rd Geup (Blue belt with red tip)	Taeguek Yuk (6) Jang
		2 nd Geup (Red belt)	Taeguek Chil (7) Jang
		1 st Geup (Red belt with black tip)	Taeguek Pal (8) Jang
Super Young Junior		Poom	Koryo
Young Junior		Poom	Koryo
Cadet		Poom	Koryo
Junior		Dan	Koryo
Senior U30, Senior U40, Senior U50, Senior U60, Senior U65 & Senior O65		Dan	Koryo

iii. Kyorugi

WT Divisions: Junior and Senior U30 divisions will be contested.
 Local Divisions: Super Young Junior, Young Junior, Cadet and Senior U40 divisions will be contested.

a. Super Young Junior Divisions

Male's division		Female's division	
Under 22kg	Not exceeding 22kg	Under 22kg	Not exceeding 22kg
Under 25kg	Over 22kg & not exceeding 25kg	Under 25kg	Over 22kg & not exceeding 25kg
Under 28kg	Over 25kg & not exceeding 28kg	Under 28kg	Over 25kg & not exceeding 28kg
Under 31kg	Over 28kg & not exceeding 31kg	Under 31kg	Over 28kg & not exceeding 31kg
Under 34kg	Over 31kg & not exceeding 34kg	Under 34kg	Over 31kg & not exceeding 34kg
Under 37kg	Over 34kg & not exceeding 37kg	Under 37kg	Over 34kg & not exceeding 37kg
Under 40kg	Over 37kg & not exceeding 40kg	Under 40kg	Over 37kg & not exceeding 40kg
Under 43kg	Over 40kg & not exceeding 43kg	Under 43kg	Over 40kg & not exceeding 43kg
Under 46kg	Over 43kg & not exceeding 46kg	Under 46kg	Over 43kg & not exceeding 46kg
Under 49kg	Over 46kg & not exceeding 49kg	Under 49kg	Over 46kg & not exceeding 49kg
Under 52kg	Over 49kg & not exceeding 52kg	Under 52kg	Over 49kg & not exceeding 52kg
Under 55kg	Over 52kg & not exceeding 55kg	Under 55kg	Over 52kg & not exceeding 55kg
Under 58kg	Over 55kg & not exceeding 58kg	Under 58kg	Over 55kg & not exceeding 58kg
Under 61kg	Over 58kg & not exceeding 61kg	Under 61kg	Over 58kg & not exceeding 61kg
Over 61kg	Over 61kg	Over 61kg	Over 61kg

b. Young Junior Divisions

Male's division		Female's division	
Under 24kg	Not exceeding 24kg	Under 24kg	Not exceeding 24kg
Under 27kg	Over 24kg & not exceeding 27kg	Under 27kg	Over 24kg & not exceeding 27kg
Under 30kg	Over 27kg & not exceeding 30kg	Under 30kg	Over 27kg & not exceeding 30kg
Under 33kg	Over 30kg & not exceeding 33kg	Under 33kg	Over 30kg & not exceeding 33kg
Under 36kg	Over 33kg & not exceeding 36kg	Under 36kg	Over 33kg & not exceeding 36kg
Under 39kg	Over 36kg & not exceeding 39kg	Under 39kg	Over 36kg & not exceeding 39kg
Under 42kg	Over 39kg & not exceeding 42kg	Under 42kg	Over 39kg & not exceeding 42kg
Under 45kg	Over 42kg & not exceeding 45kg	Under 45kg	Over 42kg & not exceeding 45kg
Under 48kg	Over 45kg & not exceeding 48kg	Under 48kg	Over 45kg & not exceeding 48kg
Under 51kg	Over 48kg & not exceeding 51kg	Under 51kg	Over 48kg & not exceeding 51kg
Under 54kg	Over 51kg & not exceeding 54kg	Under 54kg	Over 51kg & not exceeding 54kg
Under 57kg	Over 54kg & not exceeding 57kg	Under 57kg	Over 54kg & not exceeding 57kg
Under 60kg	Over 57kg & not exceeding 60kg	Under 60kg	Over 57kg & not exceeding 60kg
Under 63kg	Over 60kg & not exceeding 63kg	Under 63kg	Over 60kg & not exceeding 63kg
Over 63kg	Over 63kg	Over 63kg	Over 63kg

c. Cadet Divisions

Male's division		Female's division	
Under 33kg	Not exceeding 33kg	Under 29kg	Not exceeding 29kg
Under 37kg	Over 33kg & not exceeding 37kg	Under 33kg	Over 29kg & not exceeding 33kg
Under 41kg	Over 37kg & not exceeding 41kg	Under 37kg	Over 33kg & not exceeding 37kg
Under 45kg	Over 41kg & not exceeding 45kg	Under 41kg	Over 37kg & not exceeding 41kg
Under 49kg	Over 45kg & not exceeding 49kg	Under 44kg	Over 41kg & not exceeding 44kg
Under 53kg	Over 49kg & not exceeding 53kg	Under 47kg	Over 44kg & not exceeding 47kg
Under 57kg	Over 53kg & not exceeding 57kg	Under 51kg	Over 47kg & not exceeding 51kg
Under 61kg	Over 57kg & not exceeding 61kg	Under 55kg	Over 51kg & not exceeding 55kg
Under 65kg	Over 61kg & not exceeding 65kg	Under 59kg	Over 55kg & not exceeding 59kg
Over 65kg	Over 65kg	Over 59kg	Over 59kg

d. Junior Divisions

Male division		Female division	
Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42kg
Under 48kg	Over 45kg & not exceeding 48kg	Under 44kg	Over 42kg & not exceeding 44kg
Under 51kg	Over 48kg & not exceeding 51kg	Under 46kg	Over 44kg & not exceeding 46kg
Under 55kg	Over 51kg & not exceeding 55kg	Under 49kg	Over 46kg & not exceeding 49kg
Under 59kg	Over 55kg & not exceeding 59kg	Under 52kg	Over 49kg & not exceeding 52kg
Under 63kg	Over 59kg & not exceeding 63kg	Under 55kg	Over 52kg & not exceeding 55kg
Under 68kg	Over 63kg & not exceeding 68kg	Under 59kg	Over 55kg & not exceeding 59kg
Under 73kg	Over 68kg & not exceeding 73kg	Under 63kg	Over 59kg & not exceeding 63kg
Under 78kg	Over 73kg & not exceeding 78kg	Under 68kg	Over 63kg & not exceeding 68kg
Over 78kg	Over 78kg	Over 68kg	Over 68kg

e. Senior Divisions (Under 30 & Under 40)

Male division		Female division	
Under 54kg	Not exceeding 54kg	Under 46kg	Not exceeding 46kg
Under 58kg	Over 54kg & not exceeding 58kg	Under 49kg	Over 46kg & not exceeding 49kg
Under 63kg	Over 58kg & not exceeding 63kg	Under 53kg	Over 49kg & not exceeding 53kg
Under 68kg	Over 63kg & not exceeding 68kg	Under 57kg	Over 53kg & not exceeding 57kg
Under 74kg	Over 68kg & not exceeding 74kg	Under 62kg	Over 57kg & not exceeding 62kg
Under 80kg	Over 74kg & not exceeding 80kg	Under 67kg	Over 62kg & not exceeding 67kg
Under 87kg	Over 80kg & not exceeding 87kg	Under 73kg	Over 67kg & not exceeding 73kg
Over 87kg	Over 87kg	Over 73kg	Over 73kg

f. Team Event – 3 competitors (Same gender)

Male Division		Female Division	
Category	Weight Allowance	Category	Weight Allowance
Super Young Junior	110kg	Super Young Junior	100kg
Young Junior	138kg	Young Junior	129kg
Cadet	150kg	Cadet	135kg
Junior	180kg	Junior	156kg
Senior U30	208kg	Senior U30	175kg
Senior U40	208kg	Senior U40	175kg

g. Team Event – 3 competitors (Mixed gender – 2 Male, 1 Female or 2 Female, 1 Male)

Mixed Division	
Category	Weight Allowance
Super Young Junior	105kg
Young Junior	133kg
Cadet	142kg
Junior	158kg
Senior U30	191kg
Senior U40	191kg

h. Team Event – 5 competitors (Same gender)

Male Division		Female Division	
Category	Weight Allowance	Category	Weight Allowance
Super Young Junior	150kg	Super Young Junior	140kg
Young Junior	180kg	Young Junior	180kg
Cadet	255kg	Cadet	224kg
Junior	310kg	Junior	260kg
Senior U30	322kg	Senior U30	272kg
Senior U40	322kg	Senior U40	272kg

i. Team Event Rules

1st Round

Traditional Team Match Format:

In the 1st round, each competitor from a team will fight for one (1) round x one (1) minute against a competitor from another team in the order from lightest to heaviest. Points scored and gam-jeom by each competitor will be added up. When a contestant receives five (5) gam-jeom in a round, the opponent will be declared the winner of that round.

2nd and 3rd Round

Tag-Team Match Format:

The 2nd and 3rd rounds shall be conducted based on a tag-team match format for 3 minutes. In the event that the system is not able to support tag-team match format, either manual scoring or traditional team match format will be used. There is no limit to the number of replacements for both rounds. A competitor can be replaced at any time after he/she has completed a minimum of five (5) attacks. The number of attacks is independent of the opponent's number of attack or substitution. The number of attacks will be monitored by a special referee assistant for each team.

Declaration of Winner

A team can be declared the winner in the following ways:

- [Win By Final Score - PTF] The team that scores more points in accumulation of the three rounds shall be declared the winner.
- [Win By Point Ceiling - PTC] The team that scores 80 points first shall be declared the winner at any time during the competition.
- [Win By Punitive Declaration - PUN] The team that reach 30 gam-jeom in total shall be declared the loser at any time during the competition.
- [Win By Point Gap - PTG] When there is a score gap of 40 points, the match shall be automatically concluded at any time during the competition
- [Win by Referee Stop Contest -RSC] If a team has less than 50% of remaining active competitors due to injury/knock-out (KO), the match shall be concluded at any time during the competition.
- [Win by Disqualification - DSQ] All competitors in the team must compete in all rounds or the team will be declared the loser.

Other rules and considerations

Other rules and considerations:

- For all rounds, only PSS scoring shall be applied. In the absence of the electronic head gear, the judges' decision is final and no video replay will be allowed for head kicks/contacts to the head.
- No video replay is allowed for the team sparring event.
- No slotting/changing of competitors is allowed after the registration closing date.
- The OC reserves the right to modify the team sparring rules due to clarifications and consensus during the Briefing and Drawing of Lots. Team managers and coaches should reach a consensus during the Head of Teams briefing.
- The OC reserves the right to stop any team from registering or competing due to safety concerns with regards to the composition of the team.

j. Weigh-in General weigh-in:

- The general weigh-in of the contestants on the day of competition shall be organised one (1) day prior to the competition.
- The time for the general weigh-in will be decided by the OC and be informed at the head of team meeting.
- During the weigh-in, contestants must weigh-in in T-shirt and shorts. There is strictly NO NUDE WEIGH-IN allowed.
- So as not to be disqualified during the weigh-in, scales identical to the official one shall be provided at the competition venue for pre-weigh-in.



Random weigh-in: The random weigh-in will take place at the venue in the morning of the competition.
 All contestants who pass the general weigh-in must be present for random weigh-in maximum two (2) hour before the start of the competition.
 Should a contestant fail to appear for the random weigh-in, he/she will be disqualified.
 The random weigh-in must be completed maximum thirty (30) minutes before the start of the competition each day.
 The random weigh-in shall be conducted with plus 5% tolerance of the contestant's weight category.
 Underweight shall not be subjected to random weigh-in.

8. Special Kyorugi Team of 5 (Same gender) Event

Country vs Country: Winning team of this event will be awarded a cash prize.
 Each club can submit one (1) contestant and one coach (1) to represent their club & country for this event.
 Contestant must already be competing in one (1) individual Kyorugi event in this competition.
 This competition Kyorugi Team of 5 competition rules apply to this special event.
 Teams will be formed by the OC and more details will be announced during the Head of Teams meeting.

Divisions: 4 division for this special kyorugi event will be contested.

Division	Junior	Senior Under 30 (U30)
Age	15 – 17	18 – 30
Male	Yes	Yes
Female	Yes	Yes

Contestant: Contestant must be from the following weight class to represent their club & country.

i. Junior Divisions

Male division		Female division	
Under 51kg	Over 48kg & not exceeding 51kg	Under 46kg	Over 48kg & not exceeding 51kg
Under 55kg	Over 51kg & not exceeding 55kg	Under 49kg	Over 48kg & not exceeding 51kg
Under 59kg	Over 55kg & not exceeding 59kg	Under 52kg	Over 48kg & not exceeding 51kg

ii. Senior Divisions (Under 30)

Male division		Female division	
Under 58kg	Over 54kg & not exceeding 58kg	Under 49kg	Over 46kg & not exceeding 49kg
Under 63kg	Over 58kg & not exceeding 63kg	Under 53kg	Over 49kg & not exceeding 53kg
Under 68kg	Over 63kg & not exceeding 68kg	Under 57kg	Over 53kg & not exceeding 57kg

9. Best Club Awards/Trophy

Poomsae & Kyorugi:

The Best Club Award for Poomsae & Kyorugi will be determined based on the following criteria:

Total Gold Medals – the club with the most Gold medals.

If the clubs have the same number of Gold medals, the next tiebreaker is the most Silver medals.

If the clubs have the same number of Gold and Silver medals, the next tiebreaker is the most total number of medals (Gold, Silver, and Bronze combined)

Only categories with 8 or more participants will be considered for the Best Club Awards.

The categories eligible for the Best Club Awards will be announced during the Head of Teams meeting.

10. Best Player Awards/Trophy

Poomsae & Kyorugi:

The Best Player Award for Poomsae & Kyorugi will be determined based on the following criteria:

Consistency – consistently performed well in every match or round, rather than just excelling in a few.

Technical Skills – demonstrated the best technical skills, such as precision, speed, or accuracy.

Sportsmanship – based on their display of sportsmanship, respect, and positive attitude throughout the competition.

Leadership – exhibited strong leadership qualities, motivating and guiding their team or peers throughout the competition.

A panel of judges will review all the matches and decide who they believe was the best player based on the above 4 criteria.

The judges' decision is final and no appeal will be allowed.

Only categories with 8 or more participants will be considered for the Best Player Awards.

The categories eligible for the Best Player Awards will be announced during the Head of Teams meeting.

11. Best Referee Awards

Poomsae & Kyorugi:

The Best Referee Award for Poomsae & Kyorugi will be determined by the organising committee.

12. Transport

Overseas participants:

Round trip airfare of each participant and/or official shall be borne by each individual.

Due to the large number of overseas participants expected, the OC WILL NOT BE providing any ground transport to/from the airport or to/from the competition venue.



13. National Referees

Appointment of National Referees (NR):

All participating affiliates are encouraged to provide at least one (1) qualified national referee for each event.
The OC will provide a daily per diem to each selected NR.
Any NR wishing to indicate their interest, please contact Administration Manager, Ms. Sweden Munoz, waeincup@johantaekwondo.com.

14. International Referees

Appointment of International Referees (IR):

All appointed IRs will be contacted via the OC, on or before 01 December 2024.
The OC will provide a daily per diem, accommodation and transport to each selected IR.
Check-In/Check-Out dates will be forwarded to each IR upon acceptance of appointment.
Any questions regarding IR transport, accommodations or other matters, and IR wishing to be considered for selection, please contact Administration Manager, Ms. Sweden Munoz, waeincup@johantaekwondo.com.

15. Spectator Admission Pricing

Spectator Admission:

Free. Admission fees have been waived for all during this competition.

16. Visa Requirements

Visa Requirements:

If you hold a travel document issued by one of the countries or places listed on Immigration & Checkpoints Authority of Singapore (ICA) website, you will require a valid Singapore entry visa to travel to, and seek entry, into Singapore.
Possession of a valid visa does not guarantee entry into Singapore. Please note that SG Arrival Card is not a visa. Please visit ICA website for the latest information. <https://www.ica.gov.sg/>



17. Miscellaneous

Broadcast & Media:

Due to sponsorship and media restrictions, filming and broadcasting within the competition and warm up areas is strictly prohibited. Social media for commercial use is strictly prohibited without a press pass.

Content collected by participants and their families is permitted for personal use only.

Spectators are not permitted in the competition and warm up areas and must remain within the designated spectator areas.

All media publications will need to be vetted by the OC before publication.

Press Pass:

Media Accreditation (Press Pass) is for representatives of official media outlets and MNAs, including journalists and photographers.

Any MNA wishing to obtain a Press Pass must apply.

Media outlets must apply for a Press Pass if they wish to cover the event.

Please send your request to Administration Manager, Ms. Sweden Munoz, waeincup@johantaekwondo.com.

Commercial business:

The conduct of commercial business is strictly prohibited within the arena without approval of the OC.

The OC reserves the right to remove any violators from the venue.

Promotional:

All participants inside the venue agree to be filmed and/or photographed at any time; all such footage can/will be used for promotional purposes on all of our social media channels.

The reuse of this footage without the event logos is strictly prohibited.

18. Competition Schedule (Tentative)

This schedule is subject to change without any notice.

For schedule changes, please click here to view our [Waein Cup Open Championship Singapore](#) Facebook page.

PLEASE NOTE ALL TIMES ARE BASED ON SINGAPORE TIME ZONE (GMT +8)

TIME	EVENT	AREA
Wednesday, 15 January 2025		
	Overseas Athletes & Teams Arrive	
	Teams Training – by appointment only	
Thursday, 16 January 2025		
	Teams Training – by appointment only	
07:00PM – 09:00PM	Drawing of Lots - Poomsae (Seniors)	Online (Facebook)
Friday, 17 January 2025		
03:00PM – 05:00PM	Teams Training – by appointment only	Competition Venue
05:00PM – 05:45PM	Head of Teams Meeting – All events	Competition Venue
05:00PM – 09:00PM	Kyorugi Athletes Weigh-in (All Divisions)	Competition Venue
06:00PM	Start of Poomsae Competition Day 1	Competition Venue
09:00PM	End of Poomsae Competition Day 1	Competition Venue
Saturday, 18 January 2025		
08:00AM – 12:00AM	Kyorugi Athletes Weigh-in (All Divisions)	Competition Venue
09:00 AM	Start of Poomsae Competition Day 2	Competition Venue
03:00PM	End of Poomsae Competition Day 2	Competition Venue
03:30 PM	Poomsae Awards Ceremony	Competition Venue
04:00PM	Start of Kyorugi Competition Day 1	Competition Venue
09:00PM	End of Kyorugi Competition Day 1	Competition Venue
Sunday, 19 January 2024		
08:00AM – 12:00AM	Kyorugi Athletes Weigh-in (Same-Day Divisions Only)	Competition Venue
09:00AM	Start of Kyorugi Competition Day 2	Competition Venue
09:00PM	End of Kyorugi Competition Day 2	Competition Venue
09:30PM	Kyorugi Awards Ceremony	Competition Venue
10:00PM	End of Waein Cup Open Championship Singapore 2025	Competition Venue

19. Things to see & do



Singapore is a vibrant city-state in Southeast Asia and is known for its multiculturalism, efficient infrastructure, and stunning cityscape. With diverse cultures, delicious cuisine, and iconic landmarks like Gardens by the Bay and Marina Bay Sands, Singapore offers a memorable experience for every visitor. Don't miss the chance to explore its bustling neighbourhood, indulge in local street food at hawker centres, and immerse yourself in the city's unique blend of traditions and modernity.



[Universal Studios Singapore](#)



[S.E.A. Aquarium](#)



[Adventure Cove](#)



[Singapore Zoo](#)



[Night Safari](#)



[River Wonders](#)



[Singapore Flyer](#)



[Gardens by the Bay](#)



[Marina Bay Sands](#)

20. Connect with us

Waein Cup Open Championship Singapore

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